

Atividade	Segunda	Terça	Quarta	Quinta	Sexta	Professores
Clube de Musica	12:00 – 12:45 15:25 – 16:10	12:00 – 12:45 15:25 – 16:10		12:00 – 12:45 12:45 – 13:30 14:30 – 15:15 15:25 – 16:10	12:00 – 12:45 13:45 – 14:30 14:30 – 15:15 15:25 – 16:10	Dulce Cruz Arminda Urbano
Clube de Artes	14:30 – 15:15	12:00 – 12:45 13:45 – 14:30 14:30 – 15:15 15:25 – 16:10		12:00 – 12:45 13:45 – 14:30 14:30 – 15:15 15:25 – 16:10	12:00 – 12:45 13:45 – 14:30 14:30 – 15:15 15:25 – 16:10 16:10 – 16:55	Paula Neves Alice Rama Isabel Capela
Clube de Pintura	15:25 – 16:10					Filomena
Clube de Fotografia		16:10 – 16:55		16:10 – 16:55	14:30 – 15:15 15:25 – 16:10	Isabel Capela
Ginástica Misto	16:10 – 16:55	12:45 – 13:30			16:10 – 16:55	Ana Jorge
Futsal Inf. Masculino	15:25 – 16:10 16:10 – 16:55	12:00 – 12:45 16:10 -16:55		16:10 – 16:55 16:10 – 16:55		Manuel Nogueira Ana Jorge
Ténis Mesa Masculino	16:10 – 16:55 17:00 – 17:45	16:10 – 16:55		12:00 – 12:45 12:45 – 13:30		Paulo Branco
Ténis Mesa Feminino		12:45 – 13:30		15:25 – 16:10 16:10 – 16:55		Carlos Caramelo
Atletismo Misto		15:25 – 16:10 16:10 – 16:55		12:45 – 13:30		Carlos Caramelo
Boccia		12:45 – 13.30		12:45 – 13:30 16:10 – 16:55		Margarida Mimoso
Futsal Infantis Feminino		16:10 – 16:55			15.25 – 16.55	Pedro Mota
Natação Misto	15:25 – 16:10 16:10 – 16:55			15:25 – 16:10 16:10 – 16:55		Alexandra Caramelo Margarida Mimoso
Clube de Teatro				15:25 – 16:10 16:10 – 16:55		Rosa Caçador
Xadrez Misto	15:25 – 16:10 16:10 – 16:55	16:10 – 16:55				Leonel Rocha
PES	16:10 – 16:55	16:10 – 16:55				Elisabete Cachide
Clube da Ciência		16:10 – 16:55 17:00 – 17:45				Carmo
Clube da Rádio	10:00 – 10:20		10:00 – 10:20	10:00 – 10:20	10:00 – 10:20	Sérgio Martins
Badminton Misto		15:25 - 16:10		16:10 – 17.45		Paulo Pires
Voleibol		16:10 – 16:55 17:00 – 17:45		15:25 – 16:10		Paulo Pires
Clube de Dança		15:25 – 16:10				Pedro Mota